
PM WORLD BOOK REVIEW ¹



Book Title: ***the emotionally intelligent team: building collaborative groups that outperform the rest***

Author: **Vanessa Urch Druskat**

Publisher: HBR Press

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Reviewer: **Natalia Fisher, PMP**

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Introduction

The Emotionally Intelligent Team is a practical and insightful guide for anyone who works in teams such as leaders, project managers, and team members. The author explains how emotional intelligence goes beyond individuals and becomes a shared responsibility that shapes team culture, collaboration, and performance.

Highlights

One of the strongest aspects of this book is its clear framework for building team emotional intelligence. The author introduces norms such as trust, open communication, accountability, and mutual respect, and explains how these behaviors directly impact team success.

Highlights: What I liked!

What makes this book especially valuable is its practicality. Readers walk away with actionable steps to improve team dynamics, manage conflict effectively, and foster psychological safety. These tools are particularly helpful for project managers and leaders who want to create high-performing, engaged teams.

Conclusion

This book is an excellent resource for building stronger relationships, improving collaboration, and driving better results. It's thoughtful, well-researched, and very easy

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to read for anyone looking to elevate team performance through emotional intelligence.

For more about this book, go to: <https://store.hbr.org/product/the-emotionally-intelligent-team-building-collaborative-groups-that-outperform-the-rest/10626>

About the Reviewer



Natalie Fischer, PMP

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Natalia Fisher is a Project Management Professional (PMP)®, CSM, SCPO, ITIL4 and has been working with marketing and IT projects and programs for over 10 years in a variety of industries, such as CPG, IT, telecommunication, transport and logistics, healthcare and government.

For ten years, she has volunteered for the PMI Dallas Chapter and now she serves as an immediate Chapter Past President.

Natalia is very passionate about learning about AI, implementing her knowledge in her professional and personal lives.

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